

IsaDelight™ FAQ

What is the science behind IsaDelight™?

IsaDelight™ is a dietary supplement that consists of a proprietary blend of amino acids designed to help you feel good, naturally. The blend is uniquely delivered through premium dark chocolate, which is rich in cocoa and provides powerful antioxidants called flavanols.

What are the benefits of IsaDelight™?

IsaDelight™ is packed with feel-good vitamins, minerals and a unique blend of amino acids. IsaDelight™ enhances the health benefits of dark chocolate and helps to lift mood*, promote brain and heart health*, improve energy and satisfy cravings.*

Who should take IsaDelight™?

IsaDelight™ is recommended for adults, ages 18 and older.

If you are under 18, pregnant, nursing, on medication or have a medical condition, or are beginning a weight-control program, please consult a physician before using this product or any other dietary supplement. Discontinue if allergic reaction occurs.

How much IsaDelight™ should I take?

Take one or two chocolates, up to twice daily.

When is the best time to take IsaDelight™?

Take it on an empty stomach (two to three hours after meals). IsaDelight™ can be used as your everyday, guilt-free indulgence or as a treat on Cleanse Days. For optimal results, take at least 15 minutes before Isagenix Snacks!™. On Shake Days, take IsaDelight™ at least two hours after shakes or meals. Because IsaDelight™ helps naturally energize the body, it's best to not take it after 6 p.m. or with drinks that contain caffeine.

What is the correct storage temperature for IsaDelight™?

IsaDelight™ is best when stored in a cool, dry place where temperatures are below 75 degrees. If melting or freezing occurs, the product appearance may be affected; however the active ingredients and benefits of IsaDelight™ will not be altered.

What is the expiration date for the IsaDelight™?

18 months.

Is the dark chocolate used in IsaDelight™ high in quality?

The dark chocolate in IsaDelight™ contains more than 70 percent non-alkalized cocoa powder produced using a low-temperature process in a state-of-the-art facility in the U.S. The process preserves the cocoa's natural antioxidants. ORAC (Oxygen Radical Absorbance Capacity) is the most common unit for identifying antioxidant strength.

IsaDelight™ produces an ORAC score of more than 5,700 per two chocolates. In comparison, approximately a little over one cup of raw blackberries offers an ORAC score of 5,347. IsaDelight™ also does not contain any MSG or wax.

How is the chocolate in IsaDelight™ created?

The production process for IsaDelight™ is both environmentally friendly and ethically traded. The cacao bean (or cocoa bean) used for IsaDelight™ is 100 percent ethically traded. It's grown on small family farms near the equator that provide workers with fair wages and humane working conditions. The growth of cacao on small family farms also promotes sustainable forest farmland growth. The cacao is sun dried at its source to ensure the highest quality of dark chocolate during the final production process. After the chocolate is extracted, its waste—cocoa bean shells—are sold as cocoa shell mulch.

Is IsaDelight™ Kosher?

Yes. The certification will be included on future packaging.

What is the ingredient dl-phenylalanine?

DL-phenylalanine is a combination of two forms of phenylalanine. Phenylalanine is an essential amino acid that acts as a neurotransmitter necessary for proper brain health. It's naturally found in any protein-rich food such as fish, milk, nuts, leafy vegetables and whole grains.

Why does it say "Phenylketoneurics: Contains Phenylalanine"?

How do I know if this applies to me?

Phenylketonuria (PKU) is a rare disease. Individuals with PKU must adhere to a diet with small amounts of phenylalanine because they cannot metabolize it properly.

Does IsaDelight™ contain aspartame or any other artificial sweeteners?

IsaDelight™ is sweetened with only four grams of sugar. It does not contain aspartame or any artificial sweeteners.

Does IsaDelight™ contain caffeine?

IsaDelight™ contains 10 milligrams or less of naturally occurring caffeine (less than a cup of green tea) from its dark chocolate.

Does the ingredient “chocolate liquor” mean that IsaDelight™ contains alcohol?

Chocolate liquor is a term to describe the liquid form of chocolate. It contains no alcohol.

For additional questions on IsaDelight™, please contact drquestions@isagenix.net.

For the Chocolate Manufacturers Association’s latest list of published research papers related to cocoa, chocolate, flavonoids and health, please visit <http://www.chocolateusa.org/Science%2Dand%2DNutrition/chocolate-research.asp>

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.